

St Matthew's Anglican Church, Cheltenham

CONTACT DETAILS

Parish Priest: Fr Ron White

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Priest Associate: Fr Andre Hassing

M: 0430 481 103 **E:** andrehassing@yahoo.com.au



Parish Office: 161 Park Road, Cheltenham, 3192

Parish Secretary: Claire Johnston **Hours:** Wednesday to Friday: 9am – 4pm

T: 9583 2205 **E:** stmatthewsanglicanchurch@bigpond.com

W: www.stmatthewscheltenham.org.au

Churchwardens: Vicar's Warden – Sue Polites **M:** 0414 653 843

People's Wardens – Julie Johnston **M:** 0418 580 818 & Phil Whelan **M:** 0418 398 362

Flower Guild: Sue Polites **M:** 0414 653 843

Prayer Chain: Sr Margot **M:** 0407 889 357

St Matthew's Cheltenham Op Shop: 33-35 Station Road, Cheltenham, 3192

T: 9583 2993 **Hours:** Monday to Friday: 9.30am – 4pm, Saturday: 9.30am – 12pm

SERVICE DETAILS

Sunday 8am: Holy Communion

Sunday 10am: Sung Eucharist

Wednesday 10am: Said Eucharist

Baptisms, First Communions,
Confirmations, Weddings and
Funerals by arrangement

1st Sunday of the month 8am: Book of
Common Prayer (BCP)

1st Sunday of the month 10am: Family Service
with Sunday School

2nd Sunday of the month: Healing Service
follows the 10am Mass

PARISH EVENTS

Morning Tea: After the 10am service every Sunday

Parish Luncheon: 1st Sunday of every 2nd month (Apr, Jun, Aug, Oct & Dec)

Parish Breakfast: 5th Sunday of the month (Apr, Jul, Oct)

St Matthew's Anglican Church Cheltenham



Corner Nepean Highway and Park Road
Cheltenham, Victoria, 3192
www.stmatthewscheltenham.org.au



QUINQUAGESIMA



EIGHTH SUNDAY AFTER EPIPHANY

Sunday
26 February
2017

Welcome to our Services today

8am – Holy Communion

10am – Sung Eucharist

Celebrant & Preacher: Fr Andre Hassing

Organist: Mr John Rivers

149 Years of Witness & Service in Cheltenham

OTHER SERVICES DURING THE WEEK

St Matthew's

Wednesday 1 March – Ash Wednesday:

10am Mass: Mass with Blessing and Imposition of Ashes – Fr Ron White followed by Lenten Bible Study

6pm Mass: Mass with Blessing and Imposition of Ashes – Fr Ron White

Friends of St Francis

Sunday 26 February:

9.30am Mass at CHN Prayer Room – The Rev'd Judith Marriott

TODAY'S ROSTER – 26 FEBRUARY

8 AM		10 AM	
Sidespeople:		Sidespeople:	Val Fielder
			Mitch Porter
Reader:		Reader:	Joan Leslie
Chalice:		Chalice:	Mitch Porter
Server:	Priscilla van Reesema	Server:	Patrick Scully
Intercessions:		Intercessions:	Val Fielder

NEXT SUNDAY'S ROSTER – 5 MARCH

8 AM		10 AM	
Sidespeople:	Julie Johnston Rob Johnston	Sidespeople:	Sandra Cooper Kath Daly
Reader:	Fr Ron	Reader:	Sue Polites
Chalice:	John Thompson	Chalice:	Harold Daly
Server:		Server:	Phil Whelan
Intercessions:	Fr Ron	Intercessions:	Fr Ron

NEXT SUNDAY'S READINGS – FIRST SUNDAY IN LENT

Genesis	Hymn for	Romans	Matthew
2.15-17, 3.1-7	the Psalm	5.12-21	4.1-11

THE HOLY COMMUNION

GATHERING IN GOD'S NAME

Introit Hymn: 408 NEH

1. Love Divine, all loves excelling,
Joy of heaven, to earth come down,
Fix in us thy humble dwelling,
All thy faithful mercies crown.
2. Jesu, thou art all compassion,
Pure unbounded love thou art;
Visit us with thy salvation,
Enter every trembling heart.
3. Come, almighty to deliver,
Let us all thy life receive;
Suddenly return, and never,
Never more thy temples leave.
4. Thee we would be always blessing,
Serve thee as thy hosts above,
Pray, and praise thee, without ceasing,
Glory in thy perfect love.
5. Finish then thy new creation;
Pure and spotless let us be;
Let us see thy great salvation,
Perfectly restored in thee,
6. Changed from glory into glory,
Till in heaven we take our place,
Till we cast our crowns before thee,
Lost in wonder, love, and praise!

Words: Charles Wesley 1707-88
The New English Hymnal

Blessed be God: Father, Son and Holy Spirit.

Blessed be God's kingdom, now and for ever.

The priest greets the people

The Lord be with you.

And also with you.

Sentence of Scripture

Do not worry, saying, 'What will we eat?' or 'What will we wear?' Strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

Matthew 6.31, 33

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

The two Great Commandments

'Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

'Lord, have mercy' (8am only)

Lord, have mercy; **Christ, have mercy;** Lord, have mercy.

'Lord, have mercy' (10am only)

**Lord, have mercy; Lord, have mercy; Lord, have mercy.
Christ, have mercy; Christ, have mercy; Christ, have mercy.
Lord, have mercy; Lord, have mercy; Lord, have mercy.**

The Hymn of Praise, Gloria in excelsis

**Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,**

**we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:**

**have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect of the Day

O God,
before whose face we are not made righteous
even by being right:
free us from the need to justify ourselves
by our own anxious striving,
that we may be abandoned to faith in you alone;
through Jesus Christ. **Amen.**

THE MINISTRY OF THE WORD

A Reading from the Book of Isaiah

Thus says the Lord:
In a time of favour I have answered you,
on a day of salvation I have helped you;
I have kept you and given you
as a covenant to the people,
to establish the land,
to apportion the desolate heritages;
saying to the prisoners, "Come out,"
to those who are in darkness, "Show yourselves."
They shall feed along the ways,
on all the bare heights shall be their pasture;

they shall not hunger or thirst,
neither scorching wind nor sun shall strike them down,
for he who has pity on them will lead them,
and by springs of water will guide them.
And I will turn all my mountains into a road,
and my highways shall be raised up.
Lo, these shall come from far away,
and lo, these from the north and from the west,
and these from the land of Syene.

Sing for joy, O heavens, and exult, O earth;
break forth, O mountains, into singing!
For the Lord has comforted his people,
and will have compassion on his suffering ones.

But Zion said, "The Lord has forsaken me,
my Lord has forgotten me."
Can a woman forget her nursing child,
or show no compassion for the child of her womb?
Even these may forget,
yet I will not forget you.
See, I have inscribed you on the palms of my hands;
your walls are continually before me.

Isaiah 49.8-16a

Hear the Word of the Lord,
Thanks be to God.

Psalm 131 (said antiphonally)

1. O Lord, my heart is not proud:
nor are my eyes haughty.
2. **I do not busy myself in great matters:
or in things too wonderful for me.**
3. But I have calmed and quieted my soul like a weaned child upon its
mother's breast:
like a child on its mother's breast is my soul within me.
4. **O Israel, trust in the Lord:
from this time forward and for ever.**

A Reading from Paul's first letter to the Corinthians

Do not deceive yourselves. If you think that you are wise in this age, you should become fools so that you may become wise. For the wisdom of this world is foolishness with God. For it is written, "He catches the wise in their craftiness," and again, "The Lord knows the thoughts of the wise, that they are futile." So let no one boast about human leaders. For all things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future – all belong to you, and you belong to Christ, and Christ belongs to God. Think of us in this way, as servants of Christ and stewards of God's mysteries. Moreover, it is required of stewards that they be found trustworthy. But with me it is a very small thing that I should be judged by you or by any human court. I do not even judge myself. I am not aware of anything against myself, but I am not thereby acquitted. It is the Lord who judges me. Therefore do not pronounce judgment before the time, before the Lord comes, who will bring to light the things now hidden in darkness and will disclose the purposes of the heart. Then each one will receive commendation from God.

1 Corinthians 3.18-4.5

Hear the Word of the Lord,
Thanks be to God.

Gradual Hymn: 200 NEH

1. Jesus calls us! O'er the tumult
Of our life's wild restless sea
Day by day his voice is sounding
Saying, 'Christian, follow me';
2. As of old Saint Andrew heard it
By the Galilean lake,
Turned from home and toil and kindred,
Leaving all for his dear sake.
3. Jesus calls us from the worship
Of the vain world's golden store,
From each idol that would keep us,
Saying, 'Christian, love me more'.
4. In our joys and in our sorrows,
Days of toil and hours of ease,
Still he calls, in cares and pleasures,
'Christian, love me more than these'.

5. Jesus calls us! By thy mercies,
Saviour, may we hear thy call,
Give our hearts to thy obedience,
Serve and love thee best of all.

Words: Mrs C.F. Alexander 1818-95
The New English Hymnal

Remain standing for the Gospel Reading

The Gospel of our Lord Jesus Christ, according to Matthew
chapter 6 beginning at verse 22

Glory to you, Lord Jesus Christ.

'The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light; but if your eye is unhealthy, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! 'No one can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth. 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you – you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

For the Gospel of the Lord,

Praise to you, Lord Jesus Christ.

The Sermon

Silence may follow

The Nicene Creed

Let us together affirm the faith of the Church.

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

The priest says

Let us pray for the world and for the Church.

The prayers may conclude with

Almighty God, you have promised to hear our prayers.

**Grant that what we have asked in faith
we may by your grace receive,
through Jesus Christ our Lord. Amen.**

CONFESSION AND ABSOLUTION

Christ the Son of God has been revealed as a light to the nations.

Silence may be kept

Let us bring our darkness to his light, confessing our sins in penitence and faith.

**Merciful God,
our maker and our judge,
we have sinned against you in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.**

The Absolution. The priest says

Almighty God,
who has promised forgiveness to all who turn to him in faith:
pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

THE GREETING OF PEACE

All stand. The Greeting of Peace is introduced

We are the body of Christ.

His Spirit is with us.

The priest says

The peace of the Lord be always with you.

And also with you.

All may exchange a sign of peace

Offertory Hymn: 599 TIS

- | | |
|--|---|
| 1. Take my life, and let it be
Consecrated, Lord, to thee.
Take my moments and my days,
Let them flow in ceaseless praise. | 4. Take my silver and my gold,
Nothing, Lord, would I withhold.
Take my intellect, and use
Every power as thou shalt choose. |
| 2. Take my hands, and let them move
At the impulse of thy love.
Take my feet, and let them be
Swift and beautiful for thee. | 5. Take my will and make it thine;
It shall be no longer mine.
Take my heart, it is thine own;
It shall be thy royal throne. |
| 3. Take my voice, and let me sing
Always, only, for my King.
Take my lips, and let them be
Filled with messages from thee. | 6. Take my love: my Lord, I pour
At thy feet its treasure-store.
Take myself, and I will be
Ever, only, all for thee. |

Words: Frances Ridley Havergal 1836-79 alt.
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Together In Song

The gifts of the people having been brought to the Altar:

Blessed are you, Lord, God of all creation.
Through your goodness we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.

Blessed be God for ever.

THE GREAT THANKSGIVING

[The Lord be with you.

And also with you.]

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

All glory and honour be yours always and everywhere,
mighty Creator, everliving God.

We give you thanks and praise for your Son,
our Saviour Jesus Christ,
who by the power of your Spirit was born of Mary
and lived as one of us.

You anointed him as Messiah,
the light of the nations,
and revealed him as the hope
of all who thirst for righteousness and peace.

By his death on the cross
and rising to new life,
he offered the one true sacrifice for sin
and obtained an eternal deliverance for his people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying / singing:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Merciful God, we thank you
for these gifts of your creation,
this bread and wine,
and we pray that by your Word and Holy Spirit,
we who eat and drink them
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,
'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.'

Christ has died.

Christ is risen.

Christ will come again.

Therefore we do as our Saviour has commanded:
proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.

Renew us by your Holy Spirit,
unite us in the body of your Son,
and bring us with all your people
into the joy of your eternal kingdom;
through Jesus Christ our Lord,
with whom, and in whom,
in the fellowship of the Holy Spirit,
we worship you, Father,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours
now and forever. Amen.**

THE BREAKING OF THE BREAD AND THE COMMUNION

We who are many are one body in Christ,
for we all share in the one bread.

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace.**

The invitation to receive Holy Communion

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

The sacrament is given with the following words

The body of Christ keep you in eternal life. **Amen.**
The blood of Christ keep you in eternal life. **Amen.**

Post Communion Hymn: 414 NEH (please kneel if possible)

1. O for a closer walk with God,
A calm and heavenly frame;
A light to shine upon the road
That leads me to the Lamb!

2. The dearest idol I have known,
Whate'er that idol be,
Help me to tear it from thy throne,
And worship only thee.
3. So shall my walk be close with God,
Calm and serene my frame;
So purer light shall mark the road
That leads me to the Lamb.

Words: William Cowper 1731-1800
The New English Hymnal

THE SENDING OUT OF GOD'S PEOPLE

The priest says

God of the nations,
we thank you for nourishing us with this holy sacrament.
Guide us by your presence,
that we may bring your light to those who dwell in darkness,
and establish your justice in the earth.

Father,
**we offer ourselves to you as a living sacrifice
through Jesus Christ our Lord.
Send us out in the power of your Spirit
to live and work to your praise and glory.**

Notices and invitations

Dismissal Hymn: 205 NEH

1. Christ is made the sure foundation,
And the precious corner-stone,
Who, the two walls underlying,
Bound in each, binds both in one,
Holy Sion's help for ever,
And her confidence alone.
2. All that dedicated city,
Dearly loved by God on high,
In exultant jubilation

Pours perpetual melody,
 God the One, in Threefold glory,
 Singing everlastingly.

3. To this temple, where we call thee,
 Come, O Lord of hosts, today;
 With thy wonted loving-kindness,
 Hear thy people as they pray;
 And thy fullest benediction
 Shed within its walls for ay.

4. Here vouchsafe to all thy servants
 Gifts of grace by prayer to gain;
 Here to have and hold for ever,
 Those good things their prayers obtain,
 And hereafter, in thy glory,
 With thy blessed ones to reign.

5. Laud and honour to the Father,
 Laud and honour to the Son,
 Laud and honour to the Spirit,
 Ever Three and ever One,
 One in love, and One in splendour,
 While unending ages run.

Words: Latin, c 7th century;
 Tr John Mason Neale 1818-66
 The New English Hymnal

The priest says

May Christ the Son of God be manifest to you, that your lives may be a light to the world; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen.**

The priest or deacon says

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

From a Prayer Book for Australia.
 Copyright Broughton Publishing 1995



You are welcome to stay and enjoy a cuppa
 and a chat in the Hall after the 10am service!

PARISH ANNIVERSARIES DURING THE WEEK

Happy Birthday!



Aileen Patrick – 28 February

† Year's Mind

William Angus – 2 March



CALENDAR OF EVENTS FOR THE WEEK AHEAD....

Sun 26 Feb 5.45pm Anglican Men's Society, St James' Old Cathedral

Mon 27 Feb 1.30pm Friends of St Francis

Wed 1 Mar Ash Wednesday
 10am Mass with Blessing and Imposition of Ashes
 followed by Lenten Bible Study
 6pm Mass with Blessing and Imposition of Ashes

Thurs 2 Mar 10am Day of Prayer & Reflection, CHN

Fri 3 Mar 10am Aged Care Ministry, Cheltenham Manor
 10.30am World Day of Prayer, Church of Christ

Sun 5 Mar First Sunday in Lent
 8am Book of Common Prayer (BCP)
 10am Family Service with Sunday School
 followed by Light Lenten Lunch, \$5 per person

NOTICES & UPCOMING EVENTS

Ash Wednesday Services – this Wednesday

First Mass of Lent including the Blessing and Imposition of Ashes
 this Wednesday, 1 March, at 10am and 6pm.



New roster available!

The new roster for March to May is now in the Narthex. Please collect your copy.
 If you can help 'fill' one of the blank spaces please let the Office know.

World Day of Prayer

Philippines – 'Am I being unfair to you?'

This Friday, 3 March, at 10.30am
Southern Community Church of Christ,
Cheltenham.

All parishioners, friends
and neighbours welcome.



Friends of St Francis

The Friends of St Francis Fellowship
Group will hold their first meeting
for the year tomorrow, Monday
27 February, at 1.30pm at the home of
Shirley Marriott, 8 Ramsay Court,
Cheltenham.
All very welcome.



Don't forget...



Our monthly Family Service will be held
next Sunday, 5 March, at 10am and includes fun activities for children in our
Sunday School! Tell your family, friends and neighbours! All very welcome.

CHN Day of Prayer & Reflection



The Sisters of the Community of the Holy Name invite you to a
Day of Prayer & Reflection this Thursday, 2 March, at the
Community House, 40 Cavanagh Street, Cheltenham.
10am – 3pm, BYO lunch (tea and coffee provided)

Lenten Bible Study

To assist in your planning and as a
preparation for Easter there will be a
mini bible study following the
Wednesday 10am Mass in Lent,
starting this Wednesday.
Please bring a friend!

Salt!

The latest edition of our Parish
Newsletter, Salt, is now available in the
Narthex. Make sure you pick up a copy,
read it and pass it onto people who
cannot come to church.

Help with Ministry

Four of the local nursing homes in Cheltenham are visited on respective Fridays
each month. The parish is seeking volunteers who could give an hour of their time
on a Friday (even once a month) to assist in this important ministry.

Please speak to Fr Ron if you feel the call to this important and rewarding task.

1st Friday of the month: Cheltenham Manor, 10-12 Bendigo Street, at 10am

2nd Friday of the month: Sandfield, 161a Centre Dandenong Road, at 11am

3rd Friday of the month: St James Terrace, 296 Warrigal Road, at 11am

4th Friday of the month: Autumdale Lodge, 13 Eagland Road, at 11am

5th Friday of the month: no visit



The Lilies of the Field

Consider the lilies of the field, how they grow; they toil
not, neither do they spin. Matthew 6:28 (KJV)

The puzzle is based on Matthew 6:24-34 (NIV).

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I	C	F	D	U	Q	B	Q	K	L	X	F	L	I	H
F	W	D	E	X	D	T	G	F	V	I	S	U	H	S
U	I	O	R	E	A	W	L	R	L	G	L	P	S	I
L	O	E	R	E	D	X	D	H	O	G	D	I	I	R
I	C	T	L	R	S	S	K	Y	Q	W	K	R	E	N
F	O	M	B	D	Y	S	N	Y	A	F	O	O	D	S
E	T	W	X	I	N	P	E	S	B	I	R	D	S	C
R	S	T	O	R	E	Y	L	D	B	A	R	N	S	V
B	L	I	F	T	X	S	S	B	W	W	V	X	Y	W
B	I	B	N	A	H	E	P	F	N	L	R	P	O	X
Z	C	O	L	D	H	L	A	B	O	R	D	S	I	J
A	S	D	V	T	R	F	L	R	E	A	P	P	R	U
Q	L	Y	O	Y	U	I	T	H	I	F	A	A	Z	A
F	Y	L	R	U	R	R	N	M	Q	O	E	B	J	A
N	C	Z	I	G	T	U	W	K	D	W	Y	B	S	T

SPIN	BODY	REAP	LABOR	DRINK
BIRDS	SOW	WEAR	FEEDS	CLOTHES
FIELD	FOOD	LILIES	GROW	BARN
LIFE	DRESSED	STORE	EAT	WORRY